

PLACEMENT DESCRIPTION

Employer: WEX TEMPLATES

Contact:

Supervisor:

Employer Tel:

Website:

Job: Gym Assistant

Classification: Sport & Fitness

Ref: 13,046

Aims & Objectives: To develop key skills through the experience of work. To gain an insight into working in a fitness centre.

Key Tasks: Student will do a certain amount of observation then with training and under supervision may do simple tasks. Duties may include general maintenance of changing rooms and gym (cleaning, hoovering, polishing mirrors etc as hygiene is very important in the gym); personal fitness testing; nutrition analysis; and assisting at the coffee bar. Student may have the opportunity to use computers and, once trained and under supervision, may use the gym equipment.

Requirements: Student should have common sense, good communication skills, willingness to learn and a genuine interest in sport and fitness.

Clothing: Ideally student should wear casual sports clothes.

Working Hours: Shifts operate between 6.30am - 8pm Monday - Friday (max 37 hrs per week) students are expected to do a couple of early mornings and one or two late shifts to see how the boot camps operate.

Meal Breaks: Discuss at interview - lunchtimes may be unsupervised

Interview Required: Y

Student to Arrange: Y

Notes: Student to contact employer to arrange an interview / informal chat prior to starting the placement.

Employer's Health & Safety Risk Assessment:

LACK OF KNOWLEDGE, EXPERIENCE & AWARENESS:-Student will be supervised at all times.

EQUIPMENT & MACHINERY, Students may work with sports equipment only after training and under supervision.

PERSONAL PROTECTIVE EQUIPMENT:-Personal protective equipment will be provided where necessary (disposable gloves etc)CHEMICALS & FLAMMABLE MATERIALS:-Student will not come into contact with dangerous chemicals or hazardous machinery.

SLIPS, TRIPS & FALLS:-Care to be taken on stairs or on wet, slippery floors.

LIFTING & MANUAL HANDLING:-Safe manual handling to be shown as needed.

CHILD PROTECTION ISSUES:-All staff have been police checked.

ELECTRICITY:-Safe use of electrical items to be shown.

WORKPLACE SPECIFIC HAZARDS:-Trip hazards from sports equipment on floor, slippery areas near pools.

COMPUTERS & WORK STATION:-Regular breaks from computer screens are required during prolonged use.

Special Notes:

Parents/Guardians will be expected to give details of any health problems e.g. epilepsy, asthma etc on the agreement form

Last Visit Date:

Next Visit Date:

Risk Band: L